

****The information below has some information & words that can be triggering to those who have experienced sexual violence****

If you are in an emergency call 911

If you have experienced a sexual assault it is important to remember it is not your fault, it is the fault of the person who committed the crime.

It is recommended that you contact SART first.

<p>CCASA Sexual Assault Response Team (SART) Available 24/7 to anyone 12 years and older 403-237-5888 (Calgary) SHELDON CHUMIR URGENT CARE: 1213 4 Street SW 1-866-403-8000 (Alberta-wide phone OR text for all ages)</p> <ul style="list-style-type: none"> • 24-hour service. Specialized, female doctors and nurses provide comprehensive care to individuals who have experienced sexual assault (rape) or abuse within the past 96 hours. SART collects forensic evidence for legal cases (optional). • Located at Sheldon Chumir. Call the above numbers or 403-955-6037. • A victim can also visit any hospital emergency and SART can visit them there 	<p>Calgary Communities Against Sexual Abuse (CCASA) 403-237-5888</p> <ul style="list-style-type: none"> • Support and information line available 7 days a week from 9am-9pm: 403-237-5888 • Alberta's one line for sexual violence, Phone or text: 1-866-403-8000 or Chat at www.calgarycasa.com • Provides support & information for anyone impacted by sexual violence including support people • Free Individual, short-term counselling • Group counselling (sliding fee scale) • P.A.C.E.S. Police and Court Education and Support program
<p>Connect Family & Sexual Abuse Network 24 Hour Crisis Line: 403-237-5888 or 1-877-237-5888 Connectnetwork.ca</p> <ul style="list-style-type: none"> • One phone call connects you to Calgary's network of services and supports for those impacted by domestic violence, sexual violence and sexual abuse 	<p>Calgary Police Service Victim Assistance Support Team (VAST) 403-428-8398 or 1-88-327-7828</p> <ul style="list-style-type: none"> • Phone line run by volunteer Victim Support Advocates offering emotional support, referrals, and more • Court support for victims
<p>Alberta's Children Hospital 28 Oki Drive NW, Calgary, Alberta, T3B 6A8 (403) 955-7211</p> <ul style="list-style-type: none"> • For children under the age of 14 	<p>Association of Alberta Sexual Assault Services (AASAS) https://aasas.ca/support-and-information/following-sexual-assault/ Information about choices, options, and what to expect</p>

What is sexual assault and sexual harassment?

Sexual assault is any type of sex or sexual touching that is unwanted and can include threats, physical force and intimidation. Sexual harassment is any unwelcome sexual behaviour that affects, threatens to affect a person's job security, working conditions, or prevents a person from getting a job or any kind of public service. (albertahumanrights.ab.ca)