

Peer Support Volunteer Job Description

<p>Peer support is trust-based support from trained volunteers that women provide to each other. Our peer support is:</p>	<p>Peer support is available to women who need:</p>
<ul style="list-style-type: none"> ❖ non-judgmental ❖ non-therapeutic ❖ delivered on a one-to-one basis 	<ul style="list-style-type: none"> ❖ basic needs support ❖ information about community resources ❖ direction based on a question or concern ❖ someone to listen

Peer support is the core service of the Centre and provided by peer support volunteers who are supported by the staff.

Responsibilities include:

1. Helping women who drop-in or phone by providing resource information and referrals to other agencies.
2. Providing women with support (emotional) through active listening.
3. Managing bookings for: workshops, legal advice clinics and one-on-one peer appointments.
4. Keeping informed about the Women's Centre / community programs and upcoming events.
5. Talking to women in general to facilitate social connections and to maintain an inclusive and a welcoming space for all women.
6. Providing front desk reception and giving assistance with other work as needed.

Requirements:

1. Ability to work with a diverse range of women in a non-judgemental manner.
2. Ability to work both independently and as a team member.
3. Participation in an initial orientation and ongoing training sessions.
4. An interest in women's issues and in helping women.
5. Good listening and communication skills.
6. A willingness to work within the philosophy of the Women's Centre.
7. To commit three hours per week.