



Call 211 for Additional Information

<p>Salvation Army: Community Support Services salvationarmycalgary.org (403) 220-0432</p> <ul style="list-style-type: none"> • Both emergency and transitional living options in a multi person dormitory • Options for women specific living quarters • Can aid with security deposits, rental arrears, and utility arrears 	<p>YWCA Emergency Housing Shelter: 403-705-0315 Crisis Line: 403-266-0707</p> <ul style="list-style-type: none"> • Low cost shelter to single women and women with children who experience homelessness and poverty
<p>YWCA: Sheriff King Shelter: 403-266-4111 Crisis Line: (403) 266-0707</p> <ul style="list-style-type: none"> • Provides emergency shelter and basic needs including food and personal items • Provides short-stay crisis shelter for women and their children leaving domestic abuse and violence • provides basic needs, including food and personal items, as well as individual domestic abuse counselling and support 	<p>Inn from the Cold innfromthecold.org 403-263-8384</p> <ul style="list-style-type: none"> • Offer shelter and healing to help homeless children and families achieve independence • Families and women given priority • Provides shelter, food, clothing, medical care and access to education
<p>Awo-Taan Women's Shelter awotaan.org 403-531-1970</p> <p>Crisis Line: 403-531-1972 or 403-531-1976</p> <ul style="list-style-type: none"> • Provides holistic support and guidance to anyone, from all cultures to shield, support, and empower against family violence • Open 24 hours, with contact with emergency counsellors • Culturally sensitive programs for aboriginal women 	<p>The Mustard Seed theseed.ca 403-269-1319</p> <ul style="list-style-type: none"> • Works with adults experiencing poverty and homelessness • Access to shelter services and programs to take care of physical, mental, and spiritual needs as a Christian based organization
<p>Calgary Women's Emergency Shelter Toll-free: 1-866-606-7233 Crisis Line: 403-234-SAFE (7233) Email: help@cwes.ca or text: 403.604.6689</p> <ul style="list-style-type: none"> • For help, call the 24 Hour Family Violence Helpline to speak with a counsellor and access to emergency shelter, counselling, and court support • Programs and Services include: <i>Wellness Centre</i> <i>Child and Adolescent Services</i> <i>Court Program</i> <i>Community Services Counselling Program & Men's Counselling Service</i> 	

<p style="text-align: center;">Alpha House alphahousecalgary.com 403-234-7388</p> <ul style="list-style-type: none"> • Any person under influence can present to 203 15 Ave SE at any time depending on capacity • Safe place for men and women struggling with addictions, mental health, or physical health • Shelter program, detox program, outreach programs, and a housing program for individuals • Respects the right to self-determination as they address impacts of addiction in their lives 	<p style="text-align: center;">Calgary Drop-in Centre calgarydropin.ca 403-266-3600</p> <p style="text-align: center;">1 Dermot Baldwin Way SE</p> <ul style="list-style-type: none"> • For those experiencing homelessness or at risk, those facing marginalization, and extreme poverty • Harm reduction approach, counselling and support services, intoxication shelter services, and health services
<p style="text-align: center;">Kerby Centre kerbycentre.com 1133 7 Ave SW 403-705-3250</p> <ul style="list-style-type: none"> • Men and women, over 55 and in need of help, can stay up to three months • setting is home-like and comfortable Must be fleeing domestic violence 	<p style="text-align: center;">Brooks and District Women’s Safe Shelter Society cantarasafehouse.ca Crisis Line: 403-793-2232</p> <ul style="list-style-type: none"> • 24-hour shelter accommodation for women and children leaving an abusive situation (up to 21 days) • Offers crisis intervention, support group, information and referral services
<p>YWCA Banff: Bow Valley Women’s Emergency Shelter 403-760-3200</p> <ul style="list-style-type: none"> • Dedicated space to serve women in Bow Valley • meets basic needs such as food and toiletries Access to counselling appointments, help building a safety plan, and obtaining housing and emotional support 	<p>Salvation Army: Community Support Services salvationarmycalgary.org (403) 220-0432</p> <ul style="list-style-type: none"> • Both emergency and transitional living options in a multi-person dormitory • Options for women-specific living quarters • Can aid with security deposits, rental arrears, and utility arrears
<p>Brooks and District Women’s Safe Shelter Society cantarasafehouse.ca Crisis Line: 403-793-2232 Admin Line: 403-362-2766</p> <ul style="list-style-type: none"> • 24-hour shelter accommodation for women and children leaving an abusive situation • Offers crisis intervention, support group, information and referral services, and outreach support 	<p style="text-align: center;">Rowan House Emergency Shelter High River, AB Crisis Line: 1-855-652-3311</p> <ul style="list-style-type: none"> • Provide crisis intervention, long-term support and education for those affected by family violence in rural areas • Trauma-informed practices, focus on choice and empowerment



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<p>Sonshine Community Services Main line: 403-263-8384</p> <ul style="list-style-type: none"> Serves women and children who are escaping family violence and abuse. 24 units, provides a one-year residential program for women and women with children, followed by a six-month program for safely transitioning back into the community. Counseling services provided 	<p>The Brenda Strafford Centre Main line: 403-270 7240 centre@brendastraffordsociety.org</p> <ul style="list-style-type: none"> A typical stay in this second-stage shelter program is six months. After the 6 months, clients can either move into the Supportive Progressive Housing Program (up to 24 months for families) or find appropriate housing in the community. Counselling services provided.
<p>Discovery House Main line: 403-670-0467 Fax: 403-670-0475 Email: shelter@discoveryhouse.ca</p> <ul style="list-style-type: none"> Their services include counselling for women and children, heal and rebuild their lives, free from domestic violence. Each family is assigned an adult intensive case manager, children & youth case manager, mental health clinician, and housing liaison. Women and their children (0-18) have barrier-free access to our trauma-informed, inclusive, and culturally appropriate continuum of prevention and intervention programs and services. Programs are evidence-based or promising best practice, responsive to the need of the family, and flexible to allow for proportionate and responsive delivery to the degree and level of presenting need 	<p>YW Transitional Housing Intake and Assessment Coordinator to make an appointment at 403-263-1550</p> <ul style="list-style-type: none"> Provides safe and affordable housing (fees based on income) for women without children who are in crisis or transition. Supports women in their search for a better future, helping them overcome trauma, focus on healing, develop economic stability and secure safe, affordable housing. Offers individualized support Connection to community resources once women have found secure housing. While in program, women have 24/7 access to client support, counselling, and other resources the offered by YW. Client support teams offer life-skill building including employment workshops, budgeting and community engagement activities.
<p>The Alex: Pathways to Housing thealex.ca/housing 403-520-2260</p> <ul style="list-style-type: none"> Housing first model Referral must be made by SORCe To be accepted: <ul style="list-style-type: none"> 18 years of age or older Have a diagnosed significant mental illness Have been homeless for at least 6 months 	