

Important updates during office closure: CIWA offers remote services



CIWA

Calgary Immigrant Women's Association

Keeping in mind the health and safety of our clients and community, CIWA is offering services over the phone, online, or through teleconferencing. Some classes and group sessions are available through online platforms. Please see the list of programs for specific remote services offering.

At CIWA, we believe that providing support to our clients at this uncertain time is a priority. Our general communication lines will remain open. Please feel free to contact us with any questions regarding services and programs.

CIWA is monitoring the situation and taking the guidance of the health authorities. Frequent updates will be provided on our website and all social media platforms.

Settlement and Integration Services

Program(s)	Services	Mode of Service Delivery	Contact
Intake, Settlement and Referral Services & Integration Program	<ul style="list-style-type: none"> Information, orientation and referral services for all immigrants Supports with completing online documents (i.e. PR renewal, EI application, etc.) Interpretation support Supportive counseling Advocacy support 	<ul style="list-style-type: none"> Phone Email 	Lucy Natana LucyN@ciwa-online.com 403-263-4414 ext. 137
Legal Clinic	<ul style="list-style-type: none"> Access to immigration related legal support provided by Calgary Legal Guidance lawyers for low income immigrant women 	<ul style="list-style-type: none"> Phone Email 	Titi Memar TitiM@ciwa-online.com 403-263-4414 ext. 145
Financial Coaching	<ul style="list-style-type: none"> Support services to help immigrants with managing finances 	<ul style="list-style-type: none"> Phone Email 	Veronica Aliu VeronicaA@ciwa-online.com 403-263-4414 ext. 280
Find Me a Home	<ul style="list-style-type: none"> Emergency support for immigrant women escaping abusive situations 	<ul style="list-style-type: none"> Phone Email 	Lucy Natana LucyN@ciwa-online.com 403-263-4414 ext. 137
RESP Support	<ul style="list-style-type: none"> RESP information and orientation for immigrant mothers 	<ul style="list-style-type: none"> Phone Email 	Tseday Mamo TsedayM@ciwa-online.com 403-263-4414 ext. 245
Tax Clinic	<ul style="list-style-type: none"> Tax filing services for low income families 	<ul style="list-style-type: none"> Phone Email 	Hellen Tesfai HellenT@ciwa-online.com 403-263-4414 ext. 131
My Community My Home	<ul style="list-style-type: none"> One on one support for immigrant senior women <p><i>*community based group programming suspended at this time</i></p>	<ul style="list-style-type: none"> Phone Email 	Sameena Arif SameenaA@ciwa-online.com 403-263-4414 ext. 264
Volunteer Program	<p><i>* currently exploring options for volunteers to support our staff and clients remotely</i></p>		Janeth Alonso JanethA@ciwa-online.com 403-263-4414 ext. 144
New Friends and Neighborhood Groups	<ul style="list-style-type: none"> One on one support for existing clients <p><i>*community based group programming suspended at this time</i></p>	<ul style="list-style-type: none"> Phone Email 	Debra Colley DebraC@ciwa-online.com 403-263-4414 ext. 156

Filipino Community Development Program	<ul style="list-style-type: none"> One on one support for existing clients <p><i>*community based group programming suspended at this time</i></p>	<ul style="list-style-type: none"> Phone Email 	Maria Chelo Galay MariaG@ciwa-online.com 403-263-4414 ext. 156
Pursuit of Happiness for immigrant seniors	<ul style="list-style-type: none"> One on one support for existing clients <p><i>*community based group programming suspended at this time</i></p>		Allison Bajt AllisonB@ciwa-online.com 403-263-4414 ext. 156

Family Services

Program(s)	Services	Delivery	Contact
Cross Cultural Parenting Program	<ul style="list-style-type: none"> Ongoing one on one support for immigrant parents and grandparents Group parenting sessions for existing clients 	<ul style="list-style-type: none"> Phone Email Online 	Fiona Hayes FionaH@ciwa-online.com 403-263-4414 ext. 160
Civic Engagement & Youth Mentorship Program	<ul style="list-style-type: none"> Ongoing one on one follow up support to all existing clients <p><i>* Train the trainer sessions suspended at this time</i></p>	<ul style="list-style-type: none"> Phone Email Social media 	Shannon Edeonu ShannonE@ciwa-online.com 403-263-4414 ext.199 Sirine Morra SirineM@ciwa-online.com 403-263-4414 ext.217
Employment Security Alliance for Vulnerable Immigrant Women	<ul style="list-style-type: none"> Ongoing one on one support to all existing clients Limited group sessions for employer participants 	<ul style="list-style-type: none"> Phone Email Online 	Satbir Kaur SatbirK@ciwaa-online.com 403-263-4414 ext. 233
Family Conflict Prevention Program	<ul style="list-style-type: none"> Ongoing one on one counseling services for immigrant women and men Accepting new intakes and appointments <p><i>*group sessions with clients suspended at this time</i></p>	<ul style="list-style-type: none"> Phone Email 	Bela Gupta BelaG@ciwa-online.com 403-828-4968
Healthy Relationships for Immigrant and Refugee Families	<ul style="list-style-type: none"> Ongoing one on one support to all existing clients Limited Train the Trainer practice runs 	<ul style="list-style-type: none"> Phone Email Social media 	Julie Moreno JulieM@ciwa-online.com 403-263-4414 ext. 296

In Home Support	<ul style="list-style-type: none"> Initial needs assessment Critical services referrals Accepting referrals from Children's Services via phone and email 	<ul style="list-style-type: none"> Phone Email 	Kashmiria Zala KashmiraZ@ciwa-online.com 403-263-4414 ext. 195
One-on-One Counselling	<ul style="list-style-type: none"> Ongoing one on one counseling services for female immigrant youth and seniors Accepting referrals via phone and email 	<ul style="list-style-type: none"> Phone Email 	Azita Afsharnejat AzitaA@ciwa-online.com 403-263-4414 ext. 147 Rana Mahmood RanaM@ciwa-online.com 403-263-4414 ext. 159
Pathways to Success for Immigrant Youth	<ul style="list-style-type: none"> Ongoing one on one support to existing clients Group sessions will be available for existing clients 	<ul style="list-style-type: none"> Phone Email Social media 	Raidah Noshin RaidahN@ciwa-online.com 403-263-4414 ext. 283
Supports for Immigrants with Mental Health and Addiction Issues	<ul style="list-style-type: none"> Ongoing one on one mental health and addictions support for immigrant women and men Accepting new intakes and appointments <p><i>*support groups for immigrant men and women suspended at this time</i></p>	<ul style="list-style-type: none"> Phone Email 	Vandana Sharma VandanaS@ciwa-online.com 403-263-4414 ext. 255
Youth Program	<ul style="list-style-type: none"> Daily home activities for female immigrant youth Ongoing one on one support to existing clients <p><i>*community based programming suspended at this time.</i></p>	<ul style="list-style-type: none"> Phone Email Social media Webcast 	Amarjit Parmar AmarjitP@ciwa-online.com 403-263-4414 ext. 148
Victims Support Outreach Program	<ul style="list-style-type: none"> Ongoing one on one support to existing clients 	<ul style="list-style-type: none"> Phone Email 	Catherine Kurishingal CatherineK@ciwa-online.com 403-561-0549

Career Services

Program(s)	Services	Delivery	Contact
Bridge to Success for Professional Immigrant Women	<ul style="list-style-type: none"> Classes for students in place 	<ul style="list-style-type: none"> Online 	Tijana Jovanovic TijanaJ@ciwa-online.com 403-263-4414 ext. 274

Bridging the Gap for Foreign Trained Accountants	<ul style="list-style-type: none"> Follow up sessions and classes for students in place 	<ul style="list-style-type: none"> Online 	Bahesht Daniyal BahehtD@ciwa-online.com 403-263-4414 ext. 141
Child Development Worker Training for Immigrant Women	<ul style="list-style-type: none"> Classes for students in place 	<ul style="list-style-type: none"> Online 	Vanessa Listana VanessaL@ciwa-online.com 403-263-4414 ext. 266
Employment Skills Program	<ul style="list-style-type: none"> Ongoing one on one resume writing support for immigrant women Online group workshops 	<ul style="list-style-type: none"> Phone Email Online 	Saifan Kosheryan SaifanK@ciwa-online.com 403-263-4414 ext. 287
Labour Market Bridging for Volunteers: Interpretation and Translation	<ul style="list-style-type: none"> Follow up sessions <p><i>*Free services available for community partners in multiple languages</i></p>	<ul style="list-style-type: none"> Phone Email Online 	Aida Sarbassova AidaS@ciwa-online.com 403-263-4414 ext. 197
Links to Success	<ul style="list-style-type: none"> Follow up sessions with students 	<ul style="list-style-type: none"> Phone Email 	Punam Dalal PunamD@ciwa-online.com 403-263-4414 ext. 143
Office Administration Program for Immigrant Women	<ul style="list-style-type: none"> Follow up sessions with students 	<ul style="list-style-type: none"> Phone Email 	Roma Akram RomaA@ciwa-online.com 403-263-4414 ext. 127
Career Services for Foreign Trained Professional Women	<ul style="list-style-type: none"> Classes for students start on April 13 	<ul style="list-style-type: none"> Online 	Roma Akram RomaA@ciwa-online.com 403-263-4414 ext. 127

Workplace Department			
Program(s)	Services	Delivery	Contact
Childcare Training Pathway	<ul style="list-style-type: none"> Classes for students Inquiries and job search support for existing clients 	<ul style="list-style-type: none"> Phone Email Online 	Shahitha Maideen ShahithaM@ciwa-online.com 403-263-4414 ext. 163
Fast Track Employment Training for Immigrant Women	<ul style="list-style-type: none"> Classes for clients Inquiries and job search support for existing clients 	<ul style="list-style-type: none"> Phone Email Online 	Ketaki Wani KetakiW@ciwa-online.com 403-263-4414 ext. 270
Food Service Training	<ul style="list-style-type: none"> Classes for clients Inquiries and job search support for existing clients 	<ul style="list-style-type: none"> Phone Email Online 	Myla Felipe MylaF@ciwa-online.com 403-263-4414 ext. 250

Retail Training Program	<ul style="list-style-type: none"> Inquiries and job search support for existing clients 	<ul style="list-style-type: none"> Phone Email 	Marie Solange Bebandoue Evehe MarieB@ciwa-online.com 403-263-4414 ext. 229
Childcare Training for Low Literacy Immigrant Women	<ul style="list-style-type: none"> Classes for students Inquiries and job search support for existing clients 	<ul style="list-style-type: none"> Phone Email Online 	Farzana Mubashir FarzanaM@ciwa-online.com 403-263-4414 ext. 128
Line Cook Training	<ul style="list-style-type: none"> Inquiries and job search support for existing clients 	<ul style="list-style-type: none"> Phone Email 	Susan Milford SusanM@ciwa-online.com 403-263-4414 ext. 273
Modular Employment	<ul style="list-style-type: none"> Inquiries and job search support for existing clients 	<ul style="list-style-type: none"> Phone Email 	Jocelyn Echinique JocelynE@ciwa-online.com 403-263-4414 ext. 170

For general inquiries, contact the following:

- Settlement and Integration Services** Email: settlement@ciwa-online.com
Phone: 403-444-1757
- Family Services** Email: familyservices@ciwa-online.com
Phone: 403-444-1759
- Language Training** Email: language@ciwa-online.com
Phone: 403-444-1756
- Career Services** Email: careerservices@ciwa-online.com
Phone: 403-444-1751
- Workplace Services** Email: workplaceservices@ciwa-online.com
Phone: 403-444-1821

