

Call 211 for Additional Information

<p><b>Calgary Women's Emergency Shelter</b> <b>calgarywomensshelter.com</b></p> <ul style="list-style-type: none"> <li>• <u>24- hour family violence helpline:</u> 403-234-7233 (SAFE) <ul style="list-style-type: none"> <li>○ Call to speak with a counsellor and access to emergency shelter, counselling, and court</li> </ul> </li> <li>• <u>Toll-free:</u> 1-866-606-7233</li> </ul>	<p><b>YWCA: Sheriff King Family Support Centre</b> <b>ywcalgary.ca</b></p> <ul style="list-style-type: none"> <li>• <u>Shelter information line:</u> 403-266-4111</li> <li>• <u>24-hour crisis line:</u> 403-266-0707</li> <li>• Emergency shelter and basic needs (foods, personal items)</li> <li>• Case managers connect clients to resources for housing programs, legal services, and education supports</li> </ul>
<p><b>Kerby Rotary Shelter</b> <b>kerbycentre.com</b></p> <ul style="list-style-type: none"> <li>• <u>24-hour crisis line:</u> 403-207-3250</li> <li>• Provides shelter for seniors over 55 that are in crises <ul style="list-style-type: none"> <li>○ Can stay up to 3 months</li> </ul> </li> </ul>	<p><b>YWCA: Banff Transition House (YWCA)</b> <b>Toll-free: 1-800-813-4138</b> <b>403-762-3560</b></p> <ul style="list-style-type: none"> <li>• Helping Aboriginal Peoples with housing</li> <li>• Helping those in conflict with the law</li> </ul>
<p><b>Brenda Strafford Centre</b> <b>brendastraffordsociety.org</b> <b>403-270-7240</b></p> <ul style="list-style-type: none"> <li>• Second-stage shelter for women and their children</li> <li>• 6 months of shelter with counselling, support, and referrals</li> </ul>	<p><b>YWCA: Mary Dover House</b> <b>ywcalgary.ca</b> <b>403-263-1550</b></p> <ul style="list-style-type: none"> <li>• Provides 86 beds in a safe and low-cost shelter</li> <li>• For single women and women with children only, in times of crisis and transition</li> </ul>
<p><b>Brooks &amp; District Women's Safe Shelter</b> <b>(Brooks, AB)</b> <b>403-362-2766</b> <b>Crisis Line: 403-793-2232</b></p> <ul style="list-style-type: none"> <li>• Cantara Safe House: Offers 24 hour short term shelter for families and individuals fleeing abuse</li> <li>• 24 hour crisis phone line for support, information, and referral services</li> </ul>	<p><b>YWCA Banff: Bow Valley Women's Emergency Shelter</b> <b>Monday to Friday: 403-760-3200</b> <b>Saturday and Sunday: 403-762-3560</b></p> <ul style="list-style-type: none"> <li>• A safe space that meets basic needs such as food and toiletries</li> <li>• Access to counselling appointments, help building a safety plan, and obtaining housing and emotional support</li> </ul>
<p><b>Discovery House</b> <b>discoveryhouse.ca</b> <b>403-670-0467</b></p> <ul style="list-style-type: none"> <li>• Provides integrated residential and community services for abused women and children</li> <li>• enables them to live safely in the apartments for up to one year while working with case manager</li> </ul>	<p><b>Servants Anonymous</b> <b>403-918-7311</b></p> <ul style="list-style-type: none"> <li>• For women age 16+ at risk of, or have experienced sexual exploitation</li> <li>• Works with issues of trauma, homelessness, and addiction</li> <li>• Offers both supportive housing, and supportive independent housing</li> </ul>

<p><b>Alcove Addiction Recovery for Women</b>  <b>alcoverecovery.net</b>  <b>403-984-2707</b></p> <ul style="list-style-type: none"> <li>• Residential recovery facilities for women who experience the co-occurring issues of addiction, mental health distress and a history of abuse</li> <li>• Holistic counselling to meet physical, emotional, spiritual, occupational, and social needs</li> <li>• Complete admission forms online and coordinator will call afterwards</li> </ul>	<p><b>Wheatland Shelter (Strathmore, AB)</b>  <b>strathmoreshelter.com</b>  <b>Crisis Line: 403-934-6634</b></p> <ul style="list-style-type: none"> <li>• Toll-free 1-877-934-6634</li> <li>• 24 hour crisis line access, crisis intervention</li> <li>• Legal services for women and men both single and as families</li> <li>• Can stay at shelter from one night up to three weeks</li> </ul>
<p><b>Sonshine Services</b>  <b>sonshine.ca</b>  <b>403-243-2002</b></p> <ul style="list-style-type: none"> <li>• Second stage shelter for women and children escaping family violence and abuse in a full year residential program</li> <li>• Provide family day homes for families seeking childcare</li> <li>• Empowering families and individuals to move from harmful, to healthy ways of interacting</li> <li>• Part of community responses to domestic violence</li> </ul>	<p><b>Salvation Army: Women's Integrated Supportive Housing</b>  <b>403-930-2711</b></p> <ul style="list-style-type: none"> <li>• Transitional (long-term), residential, and emergency housing available for displaced and homeless women</li> <li>• Communal living environment, work with staff on a daily basis to prepare women to be able to live on their own</li> <li>• Women must be able to physically and mentally take care of themselves</li> </ul>
<p><b>Awo-Taan Women's Shelter</b>  <b>awotaan.org</b>  <b>403-531-1970</b></p> <ul style="list-style-type: none"> <li>• <u>24-hour crisis line:</u> 403-351-1972 or 403-351-1976</li> <li>• Provides basic need and housing for a 3-week period</li> <li>• Counselling and support</li> </ul>	<p><b>The Mustard Seed</b>  <b>theseed.ca</b>  <b>403-269-1319</b></p> <ul style="list-style-type: none"> <li>• Works with adults experiencing poverty and homelessness have access to shelter services and programs to take care of physical, mental, and spiritual needs as a Christian based organization</li> </ul>
<p><b>Inn From the Cold</b>  <b>innfromthecold.org</b>  <b>403-263-8384</b></p> <ul style="list-style-type: none"> <li>• Offer shelter and healing to help homeless children and families achieve independence</li> <li>• Families and women given priority</li> <li>• Provides shelter, food, clothing, medical care and access to education</li> </ul>	<p><b>The Children's Cottage: Brenda's House</b>  <b>403-242-8575</b></p> <ul style="list-style-type: none"> <li>• Emergency family shelter for those currently experiencing homelessness</li> <li>• families are able to stay together in a homelike environment while receiving the resources they need</li> <li>• Helping families find safe and affordable housing</li> <li>•</li> </ul>

**Crisis Nursery (403-233-2273)**

- 14 beds that provide 24 hour child care (for newborn to 8 years old) services for families experiencing crisis
- Services provided to help resolve the crisis