### Calgary Women’s Emergency Shelter

- **24-hour family violence helpline**: 403-234-7233 (SAFE)
  - Call to speak with a counsellor and access to emergency shelter, counselling, and court
- **Toll-free**: 1-866-606-7233

### YWCA: Sheriff King Family Support Centre

- **Shelter information line**: 403-266-4111
- **24-hour crisis line**: 403-266-0707
- Emergency shelter and basic needs (food, personal items)
- Case managers connect clients to resources for housing programs, legal services, and education supports

### Kerby Rotary Shelter

- **24-hour crisis line**: 403-207-3250
- Provides shelter for seniors over 55 that are in crises
  - Can stay up to 3 months

### YWCA: Banff Transition House (YWCA)

- **Toll-free**: 1-800-813-4138
  - 403-762-3560
- Helping Aboriginal Peoples with housing
- Helping those in conflict with the law

### Brenda Strafford Centre

- **403-270-7240**
- Second-stage shelter for women and their children
- 6 months of shelter with counselling, support, and referrals

### YWCA: Mary Dover House

- **ywcalgary.ca**
- 403-263-1550
- Provides 86 beds in a safe and low-cost shelter
- For single women and women with children only, in times of crisis and transition

### Brooks & District Women’s Safe Shelter

- **(Brooks, AB)**
  - **403-362-2766**
- **Crisis Line**: 403-793-2232
- Cantara Safe House: Offers 24 hour short term shelter for families and individuals fleeing abuse
- 24 hour crisis phone line for support, information, and referral services

### YWCA Banff: Bow Valley Women’s Emergency Shelter

- **Monday to Friday**: 403-760-3200
- **Saturday and Sunday**: 403-762-3560
- A safe space that meets basic needs such as food and toiletries
- Access to counselling appointments, help building a safety plan, and obtaining housing and emotional support

### Discovery House

- **discoveryhouse.ca**
  - **403-670-0467**
- Provides integrated residential and community services for abused women and children
- Enables them to live safely in the apartments for up to one year while working with case manager

### Servants Anonymous

- **403-918-7311**
- For women age 16+ at risk of, or have experienced sexual exploitation
- Works with issues of trauma, homelessness, and addiction
- Offers both supportive housing, and supportive independent housing

---

**Updated February 2018**
### Alcove Addiction Recovery for Women

**Website:** alcovecovery.net  
**Phone:** 403-984-2707

- Residential recovery facilities for women who experience the co-occurring issues of addiction, mental health distress and a history of abuse
- Holistic counselling to meet physical, emotional, spiritual, occupational, and social needs
- Complete admission forms online and coordinator will call afterwards

### Wheatland Shelter (Strathmore, AB)

**Website:** strathmoreshelter.com  
**Crisis Line:** 403-934-6634

- Toll-free 1-877-934-6634
- 24 hour crisis line access, crisis intervention
- Legal services for women and men both single and as families
- Can stay at shelter from one night up to three weeks

### Sonshine Services

**Website:** sonshine.ca  
**Phone:** 403-243-2002

- Second stage shelter for women and children escaping family violence and abuse in a full year residential program
- Provide family day homes for families seeking childcare
- Empowering families and individuals to move from harmful, to healthy ways of interacting
- Part of community responses to domestic violence

### Salvation Army: Women’s Integrated Supportive Housing

**Phone:** 403-930-2711

- Transitional (long-term), residential, and emergency housing available for displaced and homeless women
- Communal living environment, work with staff on a daily basis to prepare women to be able to live on their own
- Women must be able to physically and mentally take care of themselves

### Awo-Taan Women’s Shelter

**Website:** awotaan.org  
**Phone:** 403-531-1970

- 24-hour crisis line: 403-351-1972 or 403-351-1976
- Provides basic need and housing for a 3-week period
- Counselling and support

### The Mustard Seed

**Website:** theseed.ca  
**Phone:** 403-269-1319

- Works with adults experiencing poverty and homelessness have access to shelter services and programs to take care of physical, mental, and spiritual needs as a Christian based organization

### Inn From the Cold

**Website:** innfromthecold.org  
**Phone:** 403-263-8384

- Offer shelter and healing to help homeless children and families achieve independence
- Families and women given priority
- Provides shelter, food, clothing, medical care and access to education

### The Children’s Cottage: Brenda’s House

**Phone:** 403-242-8575

- Emergency family shelter for those currently experiencing homelessness
- Families are able to stay together in a homelike environment while receiving the resources they need
- Helping families find safe and affordable housing

**Crisis Nursery (403-233-2273)**

- 14 beds that provide 24 hour child care (for newborn to 8 years old) services for families experiencing crisis
- Services provided to help resolve the crisis

Updated February 2018