

<p>Robert McClure United Church Food Pantry 403-280-9500 5510 26 Ave NE</p> <ul style="list-style-type: none"> • Choice of fresh and non-perishable items for food hampers • Accessible as often as needed • Sign in with name, number, and address 🕒 Thursdays: 10:30-11:30am 	<p>Muslim Families Network Society www.muslimfamiliesnetwork.org 403-466-6367 3961 – 52 Ave NE, Building 1000, Unit 1129</p> <ul style="list-style-type: none"> • Halal food hampers for Muslim women • Accessible by appointments only (call for appointment) • Accessible 3 times per year • Need to bring proof of government assistance (if you receive it), child tax benefit (if you receive it), 2 months bank statements, proof of income, proof of rent, ID for all people in the home
<p>Calgary Chinese Baptist Church 403-590-4349 3907 44 Ave NE</p> <ul style="list-style-type: none"> • Emergency food hampers • Accessible as often as needed • Open to residents over city, however, it's more for NE/NW residents • Bring ID and own bags for food 🕒 2nd and 4th Wednesdays: 6:30pm 	<p>Calgary Food Bank 403-253-2055 (Hamper Request Line) calgaryfoodbank.com/need-food 5000 11 St SE</p> <ul style="list-style-type: none"> • Balanced 7 day Canadian Food Guide hampers • 3 self-referral food hampers per year • 4 agency referral food hampers per year • Must allow 30 days between hampers • Celiac, vegetarian and pre-natal hampers available • Hamper pick up at main warehouse or other depots in Calgary • Need ID for all people in the home
<p>Salvation Army Family Resource Centre Salvationarmycalgary.org 403-930-2700 1731 29 Street SW</p> <ul style="list-style-type: none"> • Emergency food hampers • Accessible 6 times per year • Call for appointment: • Must allow 30 days between hampers • Need ID for all people in the home 	<p>Centre of Hope 403-410-1111 420 9 Ave SE</p> <ul style="list-style-type: none"> • Emergency Food Hampers • Accessible 3 times per year • Need ID for person picking up hamper only 🕒 Monday: 1-3PM

<p style="text-align: center;">Community Support Services 403-220-0432 1826 36 St SE</p> <ul style="list-style-type: none"> • Emergency food hampers • Available once a month • Must allow 30 days between hampers • Need ID for all people in the home • Bring your own bags 🕒 Friday: 1:30-4:30 	<p style="text-align: center;">Society St. Vincent De Paul 403-250-0319 1826 36 St SE</p> <ul style="list-style-type: none"> • Emergency food hampers available from local churches • Call to find the church closest to your home and for pick up availability
<p style="text-align: center;">St. Edmund's Anglican Church 403-288-6330 8336 34 Ave NW</p> <ul style="list-style-type: none"> • Emergency food hampers • No referral required • Accessible 4 times per year • Call ahead to ensure food is available • Bring Alberta Healthcare Card(s) 🕒 Mondays and Thursdays: 9am-11:45am 	<p style="text-align: center;">Aboriginal Friendship Centre 403-270-7379 ext. 221 afccalgary.org/programs/ 101- 427 51 Ave SE</p> <ul style="list-style-type: none"> • Emergency food hampers for Aboriginal women • Accessible often as needed • They usually get food delivered on Tuesdays, and hampers are available until they run out • First time visitors will need to fill out paperwork • Call for hamper availability
<p style="text-align: center;">Jewish Family Service Calgary (403)287-3510 www.jfsc.org 420- 5920 1 A St SW</p> <ul style="list-style-type: none"> • Kosher food hampers for Jewish women • Call for pick up availability – May provide Food Bank Referral • May need other documents- ask when you call 	