

Call 911 if you are in immediate danger

Emergency Shelters:

<p>Government of Alberta - Alberta Works 24-hour help line Toll-free: 1-866-644-5135 select option 4 for fleeing domestic violence</p> <ul style="list-style-type: none"> • If a shelter is not available, emergency accommodation is arranged in a hotel /motel • Additional follow-up financial assistance available – transportation costs, emergency funds, relocation costs 	<p>Calgary Women's Emergency Shelter calgarywomensshelter.com 403-234-SAFE (7233) or toll-free 1-866-606-7233</p> <ul style="list-style-type: none"> • 24-hour Family Violence Helpline • Emergency Shelter • Access to free counselling • OWLS Counselling Program (for women 50+)
<p>Sheltersafe.ca</p> <ul style="list-style-type: none"> • An online resource to help women and their children seeking safety from violence and abuse. • The clickable map is a fast resource to connect women with the nearest shelter that can offer safety, hope and support. 	

24-Hour Helpline Support:

<p>Alberta Government Call Lines</p> <ul style="list-style-type: none"> • <u>Family Violence Info Line</u>: 310-1818 • <u>Bullying Helpline</u>: 1-888-456-2323 • <u>Child Abuse Hotline</u>: 1-800-387-5437 🕒 Trained staff available 24 hours/day, seven days/week • 170 languages supported 	<p>The Distress Centre 24-hour helpline: 403-266-HELP (4357) Distresscentre.com Suite 300, 1010 - 8th Avenue SW</p> <ul style="list-style-type: none"> 🕒 24 hour helpline • Online chat also available on website • Access to free counselling for individuals, groups, and families
<p>Connect Family & Sexual Abuse Network connectnetwork.ca 24-hour crisis line: 403-237-5888 1213 4 St SW</p> <ul style="list-style-type: none"> • Toll-free: 1-877-237-5888 • One phone call connects you to Calgary's network of services and support 	<p>Wood's Homes 24-hour crisis line: 403-299-9699 255, 495 36th St NE, Northgate Mall</p> <ul style="list-style-type: none"> • Text: 587-315-5000 (available 9am-10pm) • Chat online from 9am-10pm • Email: crt@woodshomes.ca

<p>YWCA Sheriff King Crisis Line 24-hour crisis line: 403-266-0707 ywcalgary.ca</p> <ul style="list-style-type: none"> • Provide safety and security then works to establish a transition plan to ensure safety and security can become a regular way of life. • Programs available for women and children 	
---	--

Other Resources:

<p>Sagesse 403-234-7337 sagesse.org 240, 1509 Centre Street SW</p> <ul style="list-style-type: none"> • Peer support programs, one-on-one mentorship • advocacy, education and support for women who are experiencing domestic violence 	<p>Awo Taan Crisis Line awotaan.org 403-531-1972 or 531-1976 403-531-1970, ext 210 or 211</p> <ul style="list-style-type: none"> • Provides community services guided by Native traditional teachings, to anyone affected by family violence and abuse
--	--

Calgary Humane Society (4455 110 Ave SE) offers emergency, short term boarding for pets when family is in crisis. **Emergency:** 403-205-4455 **Non-Emergency:** 403-723-6027

Helpline/Counselling Services for Children/Youth:

<p>Kids Help Phone 24-hour crisis line: 1-800-688-6868</p> <ul style="list-style-type: none"> • 24-hour online and counselling available for those 5-20 years old 	<p>ConnectTeen 24-hour crisis line: 1-403-264-8336 (TEEN) 24-hour information and support for teens.</p> <ul style="list-style-type: none"> • Peer support 3:00 – 10:00 p.m. daily, online or over the phone.
<p>Alberta Children's Hospital: Child Abuse Service 403-955-5959 2888 Shaganappi Trail NW</p> <ul style="list-style-type: none"> • Treatment for children 0-12 who have been abused or at risk for being abused 	