

Best Beginnings

(403) 228-8221

www.albertahealthservices.ca

- Support for pregnant woman living on low income
- Milk coupons, bus tickets, food hamper and dental referrals
- Family planning counseling
- Call for more information

Salvation Army's Infant Essentials Program

(403) 220-0432

www.centreofhope.ca

- Provides formula, diapers, wipes and baby food
- Vouchers for baby clothing and toys
- Self-referral by appointment only
- Accessible 4 times per year
- Must allow 30 days between pickups
- Proof of income required (i.e. 2 most recent pay cheques or a bank statement)

Calgary Food Bank Children's Milk Program

(403) 253-2059

www.calgaryfoodbank.com

- Professional referral required from a health-based organization
- Available for low-income families
- Fresh milk and/or infant formula for children and infants
- Home deliveries or agency pick up

Neighbourlink: ICU2 Program

(403) 209-1930

www.neighbourlinkcalgary.ca

- For infants under the age of 2
- Available for low-income families
- Resources for cribs, strollers and car seats